

# The Niagara Adventure Camp

## Week 1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0815	Breakfast and activity briefing						
0845-0945	Clean up and room preparation						
1000-1045	Climbing	Archery	Rappel wall	Paintball	Wildlife and photography	Fieldcraft - shelter construction, fire building, fishing	
1100-1145							
1200-1230	Soccer skills	Basketball skills	Tag rugby skills	Ball hockey			
1230-1330	Lunch / packed for expedition days						
1330-1430	Rest hour						
1445-1530	Arrivals	Air Rifle shooting	Orienteering	Try scuba diving	Mountain biking	Photo editing & Campfire building	Fieldcraft
1545-1630		Team chats		Football skills			
1630-1700	Clean up						
1730-1830	Dinner						BBQ
1845-2000	Welcome meeting and ice breaker games	Dodgeball game	Capture the flag game	Manhunt game	Minefield game	Campfire	Camp out
2000-2100	Tuck shop / calls home / reading / lights out - younger boys						
2130	Lights out - older boys						



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## Week 2

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0815	Breakfast and activity briefing						
0845-0945	Clean up and room preparation						
1000-1045	Canoe trip	Team sports competition - Basketball and soccer	Team sports competition - orienteering	Team sports competition - Ball hockey and football	Team competition - Climbing	Paintball - team wars	Departure
1100-1145							
1200-1230							
1230-1330	Lunch / packed for expedition days						
1330-1430	Canoe trip	Team sports competition - Baseball and tag rugby	Team sports competition - Rifle shooting and Archery	Team competition - Climbing and Rappel wall	Campers choice of sport / activity	Camp thoughts and reflections	
1445-1530							
1545-1630				Clean up	Clean up	Packing & Campfire building	
1630-1700							
1730-1830	Dinner					BBQ	
1845-2000	Canoe equip clean	Dodgeball game	Capture the flag game	Manhunt game	Minefield game	Campfire and awards	
2000-2100	Tuck shop / calls home / reading / lights out - younger boys						
2130	Lights out - older boys						

